

SPHE Resources that may be used at Thomond Primary School.

This list is not exhaustive or prohibitive and may be supplemented in consultation with the SPHE co-ordinator or principal.

- The RSE Programme
- The Stay Safe Programme
- Busy Bodies DVD
- Bí Folláin
- Be Safe
- Talk About
- Socially Speaking
- Social Stories
- Victims Bullies and Bystanders
- ISPCC anti bullying pack
- Amnesty International 'Friendship' packs
- Circle Time
- Restorative Justice Circles/Conferences
- Guest Speakers
- Limerick City Partnership
- Limerick Sports Partnership
- Incredible Years Strategies
- DINA School
- Mighty Mouth (dental hygiene)
- Educare (drug awareness)
- Land Paws Water Safety Initiative
- Prim Ed Health and Social/Emotional Development Books
- Mindfulness and Meditation Techniques
- 101 Games for Self Esteem
- Emotion Photographs Pack
- The 'Alert' Programme
- Headspace (app)
- Jigsaw
- Yoga
- Yoga pretzels
- netsmartz.org
- webwise.com
- kidshealth.org
- ncca.ie
- Children's text books